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**14th Week of the Year**

**Psalter Week 2**

**Mass Intentions for the Coming Week.**

|                  |                        |          |              |   |
|------------------|------------------------|----------|--------------|---|
| <b>SUNDAY</b>    | <b>5<sup>th</sup></b>  | <b>N</b> | <b>09.00</b> | <b>For the People</b>   |
|                  |                        | <b>N</b> | <b>10.30</b> | <b>Nicholas O' Neill † (<i>J. O' Neill</i>)</b>                   |
| <b>MONDAY</b>    | <b>6<sup>th</sup></b>  |          |              | <b>NO MASS</b>  |
| <b>TUESDAY</b>   | <b>7<sup>th</sup></b>  | <b>N</b> | <b>12.00</b> | <b>Patrick Blade †</b>  |
| <b>WEDNESDAY</b> | <b>8<sup>th</sup></b>  | <b>K</b> | <b>09.15</b> | <b>Delia McCarron Intention</b><br><b>(<i>L. Campbell</i>)</b>    |
| <b>THURSDAY</b>  | <b>9<sup>th</sup></b>  | <b>N</b> | <b>19.00</b> | <b>Kheng Ann Lim † (<i>L. Ehall</i>)</b>                          |
| <b>FRIDAY</b>    | <b>10<sup>th</sup></b> | <b>N</b> | <b>12.00</b> | <b>Carmen Rodrigues †</b>   |
| <b>SATURDAY</b>  | <b>11<sup>th</sup></b> | <b>N</b> | <b>10.00</b> | <b>Open Intention</b><br><b>followed by Eucharistic Adoration</b> |

**NEXT WEEKEND**

|                 |                        |          |              |   |
|-----------------|------------------------|----------|--------------|---|
| <b>SATURDAY</b> | <b>11<sup>th</sup></b> | <b>N</b> | <b>18.00</b> | <b>Anne Lake † (<i>M. &amp; A. Lake</i>)</b>      |
| <b>SUNDAY</b>   | <b>12<sup>th</sup></b> | <b>N</b> | <b>09.00</b> | <b>For the People</b>                             |
|                 |                        | <b>N</b> | <b>10.30</b> | <b>Margaret Canning † (<i>Bev. &amp; Ben</i>)</b> |

**THE SACRAMENT OF RECONCILIATION (CONFESSIONS)**

With the resumption of Public Mass we shall revert to our normal pattern of Mass, with the exception that Mass will not be celebrated on Monday. Confessions will be heard as usual on **Saturday after the 10am Mass and on Saturday evening from 5.30pm until 5.50pm.** Following guidelines from the Bishops, the confessional/reconciliation room will not be used. Confessions will be heard in the **committee room in the parish centre.**

## THE RESUMPTION OF PUBLIC MASS IN CHURCH

- It is with great joy that we can inform you that public Mass can once again take place in Church, beginning this weekend 4<sup>th</sup>/5<sup>th</sup> July. After months of an imposed Eucharistic fast we shall once again be able to gather around the Altar of God. However stringent measures need to be put in place to prevent the spread of covid-19. We ask for your help and cooperation in this. Following the guidelines given us by the Bishops of England and Wales, Mass will of necessity be shortened. There will be no singing, no bidding prayers and the sign of peace will not be exchanged. Holy Communion will be given under one kind and will be given in the hand.
- During the present pandemic Sunday Mass will only be celebrated at Newmarket, to accommodate the maximum number of people. However Mass will be celebrated as normal on Wednesday in Kirtling.  
Here are the weekend Mass times:
  - **Saturday 6pm**
  - **Sunday 9am**
  - **Sunday 10.30am**
- Weekday Masses times will be the normal pattern as before the closure, with the exception of Monday, where there will be No Mass. (*See front page for details*)
- No Mass books will be available, so please bring your own Missal.
- Please bring your own face covering/mask, which must be worn while you are in Church. We do have a limited number of masks but it is better to bring your own.
- There can be no standing at the back of Church or in the narthex.
- At all times you must follow the instructions and directions of the stewards.
- Because space in Church is limited, you **MUST** book in advance for a seat. Deadline for this is **THURSDAY 1pm**. We would like, if at all possible, for you to book your seat via the website, where you will find a very easy to use means of booking a seat. If you do not have access to the internet, then do ring the office before 1pm on Thursday.
- The obligation to be at Mass on Sunday during the present crisis has been dispensed, so if you can, do consider coming to Mass on a weekday rather than at the weekend.
- Church opening times for now are, 1 hour before Mass and half an hour after Mass
- **Welcome back! We look forward to seeing you.**

## **BOOKING A SEAT FOR WEEKEND MASSES**

It might seem a bit strange that we are asking you to book a seat for Mass, however, it is a requirement that we adhere to the Government and Bishops guidelines on the safe re-opening of our church.

There are various ways to book your seat:

- ◆ If you have access to the internet, please look at our website where you will see an option to book your seat for Mass. From this you can book a single seat, couple seats or family bench.
- ◆ You may be familiar with QR code, this will enable you to instantly access the booking form on the website.



Just hold your smart phone camera up to this code.

- ◆ If you need to book your seat by phone please ring 07813 686857.

**Please note all bookings must be in by THURSDAY 1PM.**

There will be stewards at the door to welcome you and ensure you sanitise your hands. You must wear a face covering when attending Mass.

This is so that we can social distance at 1 metre rather than 2 metres in accordance with government guidance, which in turn increase our capacity.

We can provide you with a face mask, but you encourage you to bring your own. Sorry, but you will not be admitted to Mass if you don't wear one.

For Sunday Masses, the stewards will take you to allocated seats.

For weekday Masses, please remember to socially distance yourself when choosing where to sit. When you leave the church, please sanitise your hands again. The church will be disinfected between each public Mass and is cleaned thoroughly each day. Please only use the main entrance to the church. The sacristy area, meeting room and hall are strictly out of bounds.

**Eucharistic Adoration after the Saturday morning Mass at 10.00 will resume next week (Saturday 11th July), as well as confessions, which will be held in the Committee Room.**

## Welcome back !

Dear Friends,

It is now three and a half months since we were together for Sunday Mass and now the long awaited day is upon us and finally we shall be together as a parish community around the Altar of the Lord. As you will discover the new 'normal' will not be like things were before we went into lockdown. The week before we went into lockdown, to prevent the spread of covid-19, I was at the Deanery Lenten Station Mass in Bury St Edmunds. Fr David Bagstaff our Vicar General preached a memorable homily on the readings of the day. The Gospel on that day was Our Lord's summary of the Law as recorded in St Matthew's Gospel. Fr David reminded us that the teaching of Jesus in that passage was eternally valid, yet he said we were moving into uncharted territory and we would all be called upon to think afresh in ways which were creative of how we could love and worship God and reach out in love and service to our neighbour. People in this parish have certainly risen to this challenge. Without being present at Sunday Mass: people have followed Mass that was being live streamed from elsewhere; prayed the rosary as a family; read and prayed the Sunday Mass readings; and deepened their relationship with God through the Scriptures and in prayer. Though phone calls, the social media and emails people have kept in touch and encouraged one another. The parish SVP with other Christians in the town have provided food parcels for families in the town and surrounding villages who were in great need. 'Carry one another's burdens and so fulfil the Law of Christ', wrote St Paul. People have done just that. On another note I wish to thank you for your continued financial support of the parish while we were in lockdown. During this period the life of the parish went on and indeed the bills continued to come in! Thanks to standing orders and weekly collection contributions we have managed to keep our head above water.

When you come back to Mass, as I said earlier, you will discover that the new 'normal' will not be like things were before. I do ask for your understanding and cooperation in observing the measures that have been put in place to facilitate our return to Mass. This has been no mean feat and I wish to thank Rita, Deacons James and John, and those who have volunteered as stewards, for working so hard to make the resumption of Mass possible.

With the assurance of my good wishes and prayers, *Fr. Christopher.*

## Weekly Offertory

If you are wondering about the best way to continue with your weekly offering to the Church during the current situation there are various ways which you can do this.

**1)** You can send a cheque weekly/monthly to the parish office, payable to :**'CATHOLIC PARISH ACCOUNT'**.

**2)** If you have access to internet banking you can set up a Standing Order or Direct Debit from your bank. Church bank details are **sort code 20.60.38. account no. 30244759,**

**3)** if you are more comfortable to continue using your weekly envelopes, then please do, put them to one side each week, until have an opportunity to drop them into the letter box outside the parish centre entrance, this box is emptied each day.

**4)** Now that the Church is open you can place your weekly offering in the basket provided on the table as you leave Church.

**5)** You can also make your donation gift aided, we can get a further 25% from the government. It doesn't cost you any more money. Please contact our Gift-Aid coordinator Joe Millyard 07920837319 or email JMillyard1@hotmail.co.uk for information on this.

***Thank you for your support and cooperation in these difficult times for everyone.***

Protecting your Information. Information provided in this newsletter, together with all other personal data held about these individuals by the Parish and the Diocese of East Anglia, is processed in accordance with the Diocese's Privacy Notice which is available at [www.rcdea.org.uk/privacy-statement/](http://www.rcdea.org.uk/privacy-statement/)

## Preparing for the Mass of Sunday 12th July 2020— The Fifteenth Sunday in Ordinary Time

### **1) Relax & Remember**

Set aside 10 -15 minutes and create a suitable environment by removing any distractions. Make sure that you are comfortable. Perhaps light a candle. Make the sign of the cross † and remain still for a minute of settling silence. **Call to mind the love that God has for you. Remember that through this scripture our Lord is truly present.** Then read the Gospel, preferably aloud and slowly, and pay attention to any words that stand out. If any do, meditate on them for a few minutes and be invited into a dialogue with God.

### **2) Read**

**Taken from the Gospel for Sunday 12th July 2020 - The Parable of the Sower (Matthew 13:1-9)**

Jesus left the house and sat by the lakeside, but such crowds gathered round him that he got into a boat and sat there. The people all stood on the beach, and he told them many things in parables. He said, 'Imagine a sower going out to sow. As he sowed, some seeds fell on the edge of the path, and the birds came and ate them up. Others fell on patches of rock where they found little soil and sprang up straight away, because there was no depth of earth; but as soon as the sun came up they were scorched and, not having any roots, they withered away. Others fell among thorns, and the thorns grew up and choked them. Others fell on rich soil and produced their crop, some a hundredfold, some sixty, some thirty. Listen, anyone who has ears!'

### **3) Reflect**

**After spending a few minutes considering this Gospel, continue by reading Fr Henry Wansbrough's reflection.** *Like any good teacher, Jesus uses pictures – or parables. Ever heard the one about the elephant and the wasp? Or electricity like a toy train going round a room? Anyway, for the next three weeks we have some of these pictures, to show us what Jesus is trying to do. This first one is rather sad. Whatever the sower does seems to fail: seed pecked up by birds, scorched by the sun, choked by thistles. What are my pecking birds, my scorching sun, my choking thistles which annihilate the seed Jesus sows in me? It's probably different for every one of us. But some, just a little, of the seed bears a fantastic harvest. There must be something I can show to the Lord with pride and gratitude: 'Look, this is the seed you gave me; it has grown, developed, and here is your harvest.' Jesus, too, reflected on his mission to establish his Father's sovereignty on earth. Jesus, too, may well have wondered if he was getting anywhere. It was only when he had failed utterly, alone, deserted and tortured, that his perseverance won the crown. Jesus doesn't want the successful. He wants the failures as his followers – and that is where the harvest lies.*

**In Jesus' story what is the seed? What prevents the seed reaching its full growth in me? In what way has the seed made me a better person?**

**Dom Henry Wansbrough OSB**

### **4) Respond & Request**

Now slowly and prayerfully read the Gospel once again but this time in silence. Consider how this Gospel could apply to your life in general. Then thank God for any insight you may have received. Conclude by asking God to bless you with one of the following spiritual gifts to help you act on any resolution you have made: love, understanding, wisdom, faithfulness, peace, self control, patience, or joy. Please remember to pray for the Church and particularly our school families. Then conclude by requesting the prayers of Our Lady & St Joseph

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## **WEDNESDAY WORD PLUS**

### **Fr Henry's reflections on the first and second readings of Sunday 12th July 2020**

#### **First Reading: The Effective Word of God. Isaiah 55:10-11**

Thus says the Lord: 'As the rain and the snow come down from the heavens and do not return without watering the earth, making it yield and giving growth to provide seed for the sower and bread for the eating, so the word that goes from my mouth does not return to me empty, without carrying out my will and succeeding in what it was sent to do.'

*This poetic passage from Isaiah about the word of God may be understood on two levels. On one level it prepares for Jesus' parable in the Gospel reading about the sower and the seed. But while Isaiah stresses the effectiveness of the word of God, Jesus reflects on the failure of his word with many sections of his hearers, as well as on the brilliant success of his word in those who bear fruit 'thirtyfold, sixtyfold, a hundredfold'. On another level this passage prepares us for the meditation on the Word of God in the prologue to the Gospel of John: 'In the beginning was the Word; the Word was with God and the Word was God.' This helps to explain just how God, the awesome and inexpressible, can be manifested and active in creation. In Genesis God created by his Word ('Let there be light!' 'Let there be a vault! etc.), so the Word is seen not as something separate from and independent of God, but as the concrete expression of God's will, the manifestation of divine power. The Word which comes forth from God's mouth and does not return unfulfilled is, on this level, the creative power of God, unstoppably fulfilling the will of God in the world.*

**How is God's Word at work in creation?**

## **Second Reading: Creation Freed from Corruption**

**Romans 8:18-23** I think that what we suffer in this life can never be compared to the glory, as yet unrevealed, which is waiting for us. The whole creation is eagerly waiting for God to reveal his sons. It was not for any fault on the part of creation that it was made unable to attain its purpose, it was made so by God; but creation still retains the hope of being freed, like us, from its slavery to decadence, to enjoy the same freedom and glory as the children of God. From the beginning till now the entire creation, as we know, has been groaning in one great act of giving birth; and not only creation, but all of us who possess the first-fruits of the Spirit, we too groan inwardly as we wait for our bodies to be set free.

***“ With Jesus we are heirs of God,  
sharing his inheritance”.***

*In our reading of Romans 8 on life in the Spirit of the Risen Christ we have missed out a few crucial verses (they are used on a separate occasion) on our adoption as sons, enabling us – both men and women – to call God ‘Abba’, ‘Father’. This intimate Aramaic family name, used by Jesus to his Father in his agonized prayer in the Garden (Mark 14:36), can be used by all his followers who share his life. Not only ourselves, however, but the whole of creation is renewed and re-created by the Spirit. It all takes on a new dimension and a new life, groaning in the Spirit to be released from frustration. This is a new reason for human beings (now renewed in Christ) to care for God’s creation. In the first place we were created in the image of God to further and to complete his creation. Now, re-created as adopted sons and heirs of God, our responsibility is increased and intensified. As yet, we have only the first-fruits of the Spirit, but first-fruits make sense and have their value only in view of the fullness and completion of the harvest. With Jesus we are heirs of God,*

**What is our responsibility as heirs of God? sharing his inheritance.**

## **Your prayers are asked**

For the sick: Deacon Clive Brooks, Peter Giblin, Joan Heflin, Pat Ward, John Taylor, Dan Stannard, Pat O Malley, Peggy Upton, David McCoy, J. P. McCoy, Kathleen Sheridan, Keith Mc Greavy, Milo Stallman, David Mc Elderry, Susan Stallman. Hazel Wood. Paul Canning, Anii. Sylvia Hick, Chris Donleavy. Delia McCarron

Those who have died recently, especially and for those whose anniversaries occurs at this time: Adam Ilasz, John Dunlop, Stella Stylianou, Jenny Seager, Audrey Scott, Maria Claydon, Irene Wells, Michael O' Callaghan, Gertrude Howley, Wally Lallaway, Marie Martin, Joan Critchley-Salmonson, Mary Merchant, Fred Winters, Maureen Herbert, Horace Thornton, Bill Evans, Tony Bowers, Terence Keefe, Mary Andrews, Beryl Brocklesby, Thomas Barker, Henry van der Heyden, Fr. Francis Sutherland, Bishop Michael Evans, Michael Savage.

*May their souls and the souls of all the faithful departed rest in peace.  
Amen*

Repository will remain closed for now, however, you can still get Mass cards and arrange for a Mass to be celebrated by calling Rita on 07813 686857, or emailing the parish.

