

**CONTACT
INFORMATION**

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&

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34th Week of the Year Psalter Week 2

Mass Intentions for the Coming Week.

**CHRIST
THE
KING**



SATURDAY 21st N 09.00 Sr. Marcia Foley. †
(J, M & K Ilasz)

SUNDAY 22nd N 09.00 For the People

MONDAY 23rd N 09.00 Fe Franklin Intentions

TUESDAY 24th N 09.00 Nicholas & Pat O'Neil †
S. Andrew Dung-Lac P & Comps. (J. O'Neill)

WEDNESDAY 25th N 09.00 Emma Tammara †
(R. Cerundolo)

THURSDAY 26th N 09.00 Special Intention (A)

FRIDAY 27th N 09.00 John Cafferkey †
(Eileen & family)

SATURDAY 28th N 09.00 Noel Archdeacon †

**PLEASE NOTE ALL MASSES WILL BE CELEBRATED IN
PRIVATE BY FR. CHRISTOPHER EACH MORNING AT 9AM,
DUE TO THE GOVERNMENTS DECREE OF ALL PUBLIC
CELEBRATION OF MASSES TO CEASE.**

THURSDAY PRAYER GROUP

Join us on a Thursday evening, at 8pm, via zoom,

More details for this by emailing richard.burnford@icloud.com



Cana – Want to deepen your relationship, to enrich your marriage? Take time for your Couple!

Cana is a programme for couples which has supported many thousands of families for 40 years, with a thriving small group in this parish. Sign up for the next **Cana Open**

session (on Zoom) to find out what it's all about: <https://www.chemin-neuf.org.uk/en/home/our-programmes/cana-couple-and-families/5f020691396588680ebb9b4e/cana-open>

Or go here for more information: <https://www.chemin-neuf.org.uk/en/home/our-programmes/cana-couple-and-families>

CONFIRMATION 2021 - we hope to have information soon regarding the Sacrament of Confirmation in 2021, in the meantime if there are any young people, in Yr. 9 and above, and would like to register for the programme, please call the parish office, or send us an email with your details.

First Holy Communion 2021 - registration forms are now available from the parish office. if you have a child who will be 8 years old by September 2021 and would like them to make their First Holy Communion next year, please send an email, and I will email a registration form to you.

Christmas cards - Although the repository is currently closed, you can still buy your Christmas cards by sending me an email, stetheldreda@btinternet.com or call me on 07813 686857.

I will arrange to meet you at the church, at a convenient time, so that you can have a look at the selection which we have got.

The cards will not be available for touching until you have made your choice.

Thank you in advance for your cooperation in this.

Please pray for the following intentions:

- The Universal Mission of the Church.
- The sick and all those who care for them. Those working on a new vaccine, doctors and nurses and front line workers.
- For the UK and the EU as they seek to negotiate a post Brexit trade deal.
- In this month of the Holy Souls, all who have died especially those we have known and loved and those who have no one to pray for them.

FRATELLI TUTTI —BROTHERS & SISTERS ALL

If everything is connected, it is hard to imagine that this global disaster is unrelated to our way of approaching reality, our claim to be absolute masters of our own lives and of all that exists. I do not want to speak of divine retribution, nor would it be sufficient to say that the harm we do to nature is itself the punishment for our offences. The world itself is crying out in rebellion. We are reminded of the well known verse of the poet Virgil that evokes the tears of things, the misfortunes of life and history.

CLOSURE OF CHURCHES FOR PUBLIC MASS

I shall continue to offer mass each day at 9am in private. The Church however can remain open at certain times for private prayer.

In Newmarket the church will be open as follows:

Tuesday 11.00—12noon

Friday 11.00—12 noon

Saturday 10am—11am

Sunday 10am –11am

As soon as restrictions are lifted we shall resume the schedule we had been operating since the beginning of July.

With every good wish and the assurance of my prayers.

Fr. Christopher.



Christmas Cheer! Sadly, this year we are unable to host our usual **Christmas Day Lunch**.

We still want to spread **Christmas Cheer** throughout Advent and the Christmas Season.



We will be delivering **Christmas cards, gifts and food hampers**

throughout December



If you would like to be included - even if you would just like a friendly phone call from one of our team - please contact us on 01638 662492 or email xmaslunch@olise.co.uk



CHRISTMAS CHEER

During the Spring and Summer and recent half term the SVP and more than 20 other volunteers from our parish have been sourcing and delivering weekly food parcels to 91 families of Free School Meal children. This has been done in conjunction with other congregations from Churches Together in Newmarket and District, and operated from our parish centre. We plan to send out one large Christmas hamper in the week before Christmas, and include one family present in each parcel. The idea is a board/activity game called Dobble and we need to raise £600 towards this.

If you feel that you could contribute to this, please leave a donation at the parish centre, or transfer funds electronically (Reference: Christmas Cheer). We hope that when the churches reopen we can have a special basket for donations at the back of the church, and the collection will remain open until Christmas day.

Deacon James

Dial-a-Mass— 01642 130120

The Knights of St Columba have set up a Dial-a-Mass for those who are unable to participate in the celebration of the Mass via TV or Livestreaming. The Mass is available from 12 noon each day and will last about 45 minutes, being available until midnight the same day. The Mass will cost as little as a local call and the phone number is: 01642 130120.

Please pass this information on to anyone you know who have not got access to on line Masses.



A Prayer of Spiritual Communion for the Year of the Word

Lord Jesus Christ, I have come before you at this Mass, as at every Mass, seeking your blessing and offering you my life. I am not able to receive you in this Sacrament of your Body and Blood but I have received the grace of being called into your presence. May my present hunger for the Eucharist, my longing to be reunited with you, Lord, and your holy people, lead me to a deeper appreciation of my faith and its place in my life. During these days, in particular, and during this Year of the Word, may I draw strength and nourishment from the Scriptures: the Gospels which speak directly of you, and those passages with which you opened the minds of the disciples on the Road to Emmaus. Amen

Preparing for the Mass of Sunday 29th November 2020 - Christ the King

Relax & Remember Set aside 10 -15 minutes and create a suitable environment by removing any distractions. Make sure that you are comfortable. Perhaps light a candle. Make the sign of the cross † and remain still for a minute of settling silence. Call to mind the love that God has for you. Remember that through this scripture our Lord is truly present. Then read the Gospel, preferably aloud and slowly, and pay attention to any words that stand out. If any do, meditate on them for a few minutes and be invited into a dialogue with God.

Read

Taken from the Gospel for Sunday 29th November 2020 (Mark 13:33-37): The Watcher at the Door.

Jesus said to his disciples: 'Be on your guard, stay awake, because you never know when the time will come. It is like a man travelling abroad: he has gone from home, and left his servants in charge, each with his own task; and he has told the door-keeper to stay awake. So stay awake, because you do not know when the master of the house is coming, evening, midnight, cockcrow, dawn; if he comes unexpectedly, he must not find you asleep. And what I am saying to you I say to all: Stay awake!'

Reflect

After spending a few minutes considering this Gospel, continue by reading

Fr Henry Wansbrough's reflection. *This brief parable of the master returning unexpectedly is typical of Jesus' vivid way of speaking. The message is typical, too, because Jesus was constantly stressing that there is no time to lose. When he came in his earthly ministry he again and again challenged his hearers to make up their minds NOW, to change their ways NOW. He challenges us to do the same. We can hear the rattle of the returning Master's key in the lock. There is no time to hide the contraband, to pull our uniforms straight before greeting the Master at his entry. Even if we do not think that the world's end is imminent, even if death is not threatening, every moment counts, every decision is for or against Jesus. Saints are rumoured to have said that, if they received the news that they were to die that night, they would carry on doing what they were doing anyway. Saints can do this, because they are ready for the coming of the Lord. But what about us? If we need to put things a bit more in order to prepare for the Lord's coming, is there any valid reason to delay? The four weeks of Advent are a good time to clean things up for the Lord's coming.*

What would you like to change about your life in preparation for the coming of the Lord? Dom Henry Wansbrough OSB

Respond & Request

Now slowly and prayerfully read the Gospel once again but this time in silence. Consider how this Gospel could apply to your life in general. Then thank God for any insight you may have received. Conclude by asking God to bless you with one of the following spiritual gifts to help you act on any resolution you have made: love, understanding, wisdom, faithfulness, peace, self control, patience, or joy. Please remember to pray for the Church and particularly our school families. Then conclude by requesting the prayers of Our Lady & St Joseph.

First Reading: A Thrill of Hope

Isaiah 63:16-17; 64:1. 3-8 You, Lord, yourself are our Father, our Redeemer is your ancient name. Why, Lord, leave us to stray from your ways and harden our hearts against fearing you? Return, for the sake of your servants, the tribes of your inheritance. Oh, that you would tear the heavens open and come down - at your Presence the mountains would melt. No ear has heard, no eye has seen any god but you act like this for those who trust him. You guide those who act with integrity and keep your ways in mind. You were angry when we were sinners; we had long been rebels against you. We were all like men unclean; all that integrity of ours like filthy clothing. We have all withered like leaves and our sins blew us away like the wind. No one invoked your name or roused himself to catch hold of you. For you hid your face from us and gave us up to the power of our sins. And yet, Lord, you are our Father; we the clay, you the potter; we are all the work of your hand.

Each Advent Sunday begins with a reading from Isaiah, for Isaiah is the great prophet of the Messiah. This reading is taken from the latest part of the Book of Isaiah. After the return to Jerusalem from exile in Babylon, the Jews were passionately awaiting the coming of the Messiah. They were conscious that they had sinned and deserved their punishment, but still longed for the liberation from foreign interference which the Messiah would bring. After the coming of Christ we too are waiting - waiting for the fulfilment of the sovereignty or kingship of God. Jesus brought the pledge of this kingship by his miracles of healing, his welcome to sinners, his teaching about the Kingdom, and above all by his Resurrection from the dead. We no longer have any reason to fear death, but we are conscious of our own failings, of our co-operation with evil and long for the strength and fidelity which wholehearted membership of God's Kingdom would bring us.

How do I need to change to become a fully committed member of God's Kingdom and to welcome the Messiah into my life?

Second Reading: Waiting for the Lord Jesus 1 Corinthians 1:3-9

May God our Father and the Lord Jesus Christ send you grace and peace. I never stop thanking God for all the graces you have received through Jesus Christ. I thank him that you have been enriched in so many ways, especially in your teachers and preachers; the witness to Christ has indeed been strong among you so that you will not be without any of the gifts of the Spirit while you are waiting for our Lord Jesus Christ to be revealed; and he will keep you steady and without blame until the last day, the day of our Lord Jesus Christ, because God by calling you has joined you to his Son, Jesus Christ; and God is faithful.

This reading from the opening of Paul's first Letter to the Corinthians is full of the excitement of the Spirit. The young community of Christians at Corinth flourished in the activity of the Holy Spirit, not just by extraordinary things like speaking in tongues, but by healing and teaching and guidance. Even being a good member of a family (husband, wife, parent, child) is an activity guided by the Spirit. All this is preparing for the final coming of Christ, for all Christian activity, no matter how humdrum, is given life and vitality by the Spirit of Christ. In Paul's day there was a freshness and enthusiasm which is sometimes lacking in our Church today. Let us ask at Christmas for a new infusion of the Spirit which will help us to burst the bonds which keep us back from full service to the Lord.

How do you see the Spirit at work in your own life?

**“All Christian activity,
no matter how humdrum,
Is given life and vitality by the Spirit of Christ.”**

Fr Anthony has recently published two new books which may be of interest.

A. The Dream of John de Lydgate - Blood, Power and Poverty in a Suffolk village.

The story is set in the context of a possible journey of the famous Benedictine monk and poet to his home village in 1432 when he left his signature on a pillar in St Mary's Church. Here in a dream he is given a guided tour of the history of the village from Roman times to the Peasants' Revolt. The story is set against the wider history of the times - of the conversion of the area to Christianity and military exploits of the local lords of the manor who were also stewards of Bury Abbey. 115 pages @ £7



B. The Memories of two old Suffolkers (edited by Fr. Anthony)

Especially if you are interested in the social history of the area. Harry Mott (whose son became a chief police inspector in Suffolk)recounts the problems he faced in finding employment in the area after demob in 1945 and the memories of my father who was the village Wheelwright and a lot else. It also includes Harry's personal history of his village, 172 pages. @ £7

Please email the parish office stetheldreda@btinternet.com if you would like to purchase a book.

Your prayers are asked

For the sick: Deacon Clive Brooks, Peter Giblin, Joan Heflin, Pat Ward, John Taylor, Dan Stannard, Pat O Malley, David McCoy, J. P. McCoy, Kathleen Sheridan, Milo Stallman, David Mc Elderry, Susan Stallman. Hazel Wood. Paul Canning, Sylvia Hick, Delia McCarron, Di Bunkell, Mary Theobald, Daphne Bristow.

Those who have died recently especially Pat Paylo
and for those whose anniversaries occurs at this time:

Adrian Scrope, Margherite Fuller, Nicholas Fell, Edward Gallagher, Eugene Zygnieski, Elizabeth Tyreman, Martha Williams, Nora Hayde, Patrick Wheeler, John French, George Matthews, Vera Giblin, Christopher Bopoto, William Brown, Anthony Brown, Maria Bardwell, Bridget Doyle, Patrick Downey, Patrick Carson, Thomas Reidy, John Moloney, Cecil Cuthbert, John Dennehy, Ramona Heslop, Anthony Mitchell.

*May their souls and the souls of all the faithful departed rest in peace.
Amen*

Parish office— the parish office is currently closed, until at least December 2nd, when, hopefully the current lockdown restrictions are lifted. Please ring 01638 662492, where you can leave a message, the answering machine will be checked daily. In an emergency please ring 07813 686857.

If you would like to book a Mass please email stetheldreda@btinternet.com or call 07813 686857 .